

Older Americans Act Title III-C Nutrition and State Nutrition Services Program for Tribal Nations and Providers in Minnesota

Timeline

Application period opens:	September 28, 2026
Application Q&A and technical assistance period:	September 28 – October 19, 2026
Last day to submit questions:	October 19, 2026
Applications due:	October 20, 2026
Applicants informed of award decisions:	October 30, 2026
Fully executed contract due:	December 18, 2026
Services begin (as early as):	January 1, 2027

Introduction

Minnesota Indian Area Agency on Aging (MIAAA) seeks tribal, nonprofits and for-profit agencies (with special approval by MIAAA and the Minnesota Board on Aging) to provide Older Americans Act Title III-C Nutrition and State Nutrition Services Program funded nutrition services provider to promote the general health and well-being of older individuals, the services are intended to:

- Reduce hunger, food insecurity, and malnutrition of older adults.
- Promote socialization of older individuals.
- Promote the health and well-being of older people:
- By assisting them in gaining access to nutrition and other disease prevention and health promotion services.
- To delay the onset of adverse health conditions resulting from poor nutritional health or sedentary behavior.

Delivery of services to begin as early as January 1, 2027, to people 60 years of age or older in the following 9 federally recognized American Indian tribes with reservations throughout Minnesota: Grand Portage Band of Lake Superior Chippewa, Bois Forte Band of Chippewa, Red Lake Nation, White Earth Nation, Leech Lake Band of Ojibwe, Fond du Lac Band of Lake Superior Chippewa, Prairie Island Indian Community, Lower Sioux Indian Community, and Upper Sioux Community.

The following proposals will not be accepted: joint applications, applications that include subcontracts without prior approval from the MIAAA, applications submitted by individuals, and applicants from agencies who do not have permission from Tribal Nations to provide services on their reservation.

Funding Details

Awarded applicants will be eligible to receive OAA and state funds for calendar year 2027. MIAAA's next open grant round is to take place for 2028. Services are to be provided from the contract start date of January 1, 2027, through December 31, 2027. Award amounts will be between \$20,000 and \$150,000.

Total 2027 Elder Nutrition Services funds available:

- OAA Title III-C1 Congregate Meals - \$238,602
- OAA Title III-C2 Home-Delivered Meals - \$162,819
- OAA Nutrition Services Incentive Program (NSIP) - \$73,668
- State Senior Nutrition - \$101,129
- State Food Delivery Support – \$12,661

Service Definitions and Priorities

Service	Unit	Service Definition	Registered
Home Delivered Meals	1 Meal	A meal provided to a eligible individual in his/her place of residence or otherwise outside of a congregate setting. The meal is served in a program that is administered by SUAs and/or AAAs and meets all the requirements of the Older Americans Act and State/Local laws and complies with the most recent Dietary Guidelines for Americans (published by the Secretaries of the Department of Health and Human Services and the United States Department of Agriculture). Additionally, the meal provides to each participating individual a minimum of one- third of the Dietary Reference Intakes, established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences, if one meal is served, two-thirds if two meals are served, and 100 percent if 3 meals are served; and meets all of the	Yes



Service	Unit	Service Definition	Registered
		requirements as above. Meals provided to individual through means-tested programs may be included in the total meal count. These meals are to be identified by the funding source.	
Congregate Meals	1 Meal	A meal provided by a qualified nutrition project provider to an eligible individual in a congregate or group setting. Up to 25% of C-1 funds may be used for shelf-stable, pick-up, carry-out, drive-through, or similar meals (also referred to as "grab and go" meals). The meal is served in a program that is administered by SUAs and/or AAAs, meets all the requirements of the Older Americans Act and State/Local laws, and complies with the most recent Dietary Guidelines for Americans (published by the Secretaries of the Department of Health and Human Services and the United States Department of Agriculture). Additionally, the meal provides to each participating individual a minimum of one-third of the Dietary Reference Intakes, established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences, if one meal is served, two-thirds if two meals are served, and 100 percent if 3 meals are served; and meets all of the requirements as above. Meals provided to individual through means- tested programs may be included in the total meal count. These meals are to be identified by the funding source.	Yes
Nutrition Counseling	Hours (partial hour may be reported to two decimal places, e.g., 0.25 hours.)	A standardized service as defined by the Academy of Nutrition & Dietetics (AND) that provides individualized guidance to individuals who are at nutritional risk because of their health or nutrition history, dietary intake, chronic illness, or medication use, or to caregivers. Counseling is provided one-on-one by a registered dietitian, and addresses the options and methods for improving nutrition status with a measurable goal.	Yes



Service	Unit	Service Definition	Registered
Nutrition Education	1 session per participant (a session is typically 15 minutes to an hour)	A targeted program to promote better health by providing accurate and culturally sensitive nutrition, physical fitness, or health (as it relates to nutrition) information that is consistent with the current Dietary Guidelines for Americans and instruction to participants, caregivers, or participants and caregivers in a group or individual setting overseen by a dietitian or individual of comparable expertise.	No

Target Populations

Nutrition Services are not intended to reach every individual in the community. Programs target adults aged 60 and older who are in greatest social and economic need with particular attention to the following groups.

- Low-income older adults
- Minority older individuals
- Older adults in rural communities
- Older individuals with limited English proficiency
- Older adults at risk of institutional care

Reporting Requirement and Service Monitoring

Effective monitoring of provided services is required, including reporting on unduplicated clients, service units, dates of service, and funding expended on contracted timelines. MIAAA will monitor Title III and State Nutrition activities through the following methods, including, but not limited to:

- Monthly reporting for Registered Services, to be submitted and/or entered into PeerPlace no later than the 10th of each month following service delivery.
- Quarterly reporting of financial, program, and statistical reports and data for all programs.
- Periodic on-site visits, conducted annually at minimum.
- Financial reconciliations and requests for special reports/data.
- Review of client satisfaction.

Registered or Unregistered Services

Registered Services require elder service recipients to complete National Aging Program Information System (NAPIS) form and data entry of their information into the State's NAPIS reporting database, PeerPlace, for reimbursement under OAA Title III. Each registered service entails an additional license cost in PeerPlace.

Unregistered Services do not require elder service recipients to complete National Aging Program Information System (NAPIS) form and data entry of client information into the State's NAPIS reporting database, PeerPlace, for reimbursement under OAA Title III and the number of service units provided may be reported in aggregate by date.

The NAPIS form must be completed for each type of service the elder receives and must be completed annually. For example, if an elder receives both congregate and home delivered meals service, they would need to complete a NAPIS form once a year for each service (2 NAPIS forms total each year).

Financial Stability and Oversight

Applicants will be subject to a Pre-Award Risk Assessment (PARA), completed by MIAAA prior to final award. The purpose of this assessment is to confirm financial stability and ensure adequate internal controls are in place to safeguard public funds and protect the interests of the federal government and the State of Minnesota, in accordance with updates to the Older Americans Act (OAA) Final Rule. Please note that no subcontracts will be allowable for these services without prior approval from MIAAA. All tasks must be completed by organization staff or volunteers, with no third-party participation.

Match Requirements

A non-federal match is the portion of project costs not paid by federal funds, except for Tribal Self-Governance Funds. It represents the grantee's financial contribution toward the total cost of the project and demonstrates shared investment in achieving program goals.

Awarded applicants that receive federal Title III funding must contribute non-federal resources as a match. Allowable match sources can include city or county grants, agency cash, in-kind contributions, Tribal Self-Governance Funds, or other non-federal funding sources as approved by MIAAA in compliance with state and federal guidelines.

III-C1/C2/NSIP Nutrition Services match requirement: 15%

Request for Proposal (RFP) Requirements

MIAAA is requesting a proposal from interested providers. Providers should provide a proposal including a detailed workplan and budget addressing the following:

1. Experience and Qualifications:
 - Demonstrated experience in providing nutrition services to Tribal Nations.
 - Knowledge of federal, tribal and state laws impacting tribal elders, including the OAA.
 - Understanding of Tribal sovereignty and cultural sensitivity.
2. Proposed Services:
 - A detailed description of the services to be provided.
 - A plan for outreach and education to Tribal Nations to inform them of available nutrition services.
 - A plan of outreach and education to Tribal elders and others regarding available nutrition services.
 - Capacity for tracking to ensure timely and effective delivery of services and outcomes.
3. Staffing and Resources:
 - A description of the staff assigned to the project, including their qualifications and experience.
 - A plan for allocating resources, including personnel, technology, and funding.
4. Performance Measures and Reporting:
 - A proposed performance measurement system to track the impact of the nutrition services provided.
 - A plan for regular reporting on the number of meals provided, unduplicated participants, dates of service, and expenditures.
5. Budget and Cost Rate (Template Available):
 - A detailed budget outlining the costs associated with providing the meals including personnel costs, food costs, and administrative fees.

Submission Deadline: Request for Proposal must be submitted by October 20, 2026, to Michelle_Reynolds@redlakenation.org.

Questions: For any questions or clarifications, please contact Michelle Reynolds at Michelle_Reynolds@redlakenation.org or (218) 542-6145.